



# TOTAL HEALTH SHOW

**Annual Convention and Exhibition**

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***Discover Perfect Health....Naturally!***

***• Physical • Mental • Spiritual • Social  
• Economic and Environmental***

***All the information you need to help create change  
and bring your world into vibrant good health!***

**The Total Health Show (March/April, Metro Toronto Convention Centre)** is recognized as one of Canada's leading holistic health conventions. It features over 60 local and international experts including doctors, university professors, nutritionists, entrepreneurs, authors, inventors, and environmental advocates, who are at the forefront of alternative health. During this 3-day event, over 200 exhibitors devoted to a natural healthy lifestyle share the latest information and technology for attaining peak health.

The first conventions held in the early 1970's at the Royal York Hotel drew the great pioneers of the alternative health movement: Linus Pauling, Walter Hodson, Beatrice Trum Hunter, Paavo Airola, Bernard Jensen, Charlotte Gerson, John Christopher, Robert Mendelsohn, Hulda Clark, Kurt Donsbach, Ann Wigmore, Jan de Vries, David Suzuki, Robert Bateman and many others. Total Health continues to attract current leading experts in the natural health and environmental field today like, Ty Bollinger, Julie Daniluk, Dr. Magda Havas, Dr. Steven Gundry, Dr. William Davis, Joy McCarthy, Robert Scott Bell, Pharmacist Ben Fuchs, J.J. Hurtak, Rachel Parent, Lorna Vanderhaeghe and celebrity chefs Juliano, Chad Sarno, Michael Smith, Cherie Soria and many more.

For over 40 years, the Total Health Show has welcomed tens of thousands of visitors for whom access to natural healthcare and environmentally conscious solutions is a crucial component to their future well being. The Total Health Show is known throughout the industry as the platform to introduce innovative topics and products in Canada.

Attend or exhibit at the show to sample exciting new products, participate in debates, and meet leading innovators in the natural health field.

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